

# Gymnasium

## Monday

6:00 - 8:30 am Open Recreation  
 8:30 - 10:15 am BVCP  
 10:15 - 11:00 am Toddler Time\*  
 11:00 - 1:15 pm Open Recreation  
 1:30 - 2:30 pm Pickleball^  
 2:30 - 4:00 pm BVCP  
 4:00 - 4:45 pm Ball Games (ages 5-6)  
 4:45 - 5:30 pm Dodgeball (ages 7-13)  
 5:30 - 6:30 pm AAU Basketball^  
 6:30 - 7:30 pm Mighty Mounders (ages 4-7)^  
 6:30 - 7:30 pm Gold Glovers (ages 8-12)^  
 7:30 - 8:30 pm **Reserved for private rental**  
 8:30 - 9:30 pm **Reserved for private rental**

## Tuesday

6:00 - 8:30 am Open Recreation  
 8:30 - 10:15 am BVCP  
 11:00 - 11:45 am Senior Yoga Stretch  
 12:00 - 1:15 pm Men's Open Rec Basketball  
 2:45 - 4:30 pm Middle School Open Rec  
 4:30 - 5:15 pm BVCP  
 5:15 - 7:30 pm Youth 7-10 Basketball League^  
 7:30 - 9:30 pm **Reserved for private rental**

## Wednesday

5:30 - 6:30 am Cardio Cross  
 7:00 - 8:30 am Open Recreation  
 8:30 - 10:15 am BVCP  
 10:15 - 11:00 am Toddler Time\*  
 11:30 - 12:15pm Silver Sneakers® Muscular Strength  
 12:15 - 1:15 pm Open Recreation  
 2:30 - 4:00 pm BVCP  
 4:00 - 4:45 pm Silly Play (ages 5-6)  
 4:45 - 5:30 pm Mat Ball (ages 7-13)  
 5:30 - 6:30 pm **Reserved for private rental**  
 7:00 - 10:00 pm Men's 30+ Basketball League^

## Thursday

6:00 - 8:30 am Open Recreation  
 8:30 - 11:00 am BVCP  
 11:15 - 12:00 pm Senior Yoga Stretch  
 12:00 - 1:15 pm Men's Open Rec Basketball  
 1:30 - 2:30 pm Pickleball^  
 2:30 - 4:00 pm BVCP  
 4:00 - 4:45 pm After School Basketball (Ages 5-8)  
 4:45 - 5:30 pm After School Basketball (Ages 9-13)  
 5:30 - 6:30 pm AAU Basketball^  
 7:00 - 9:00 pm Men's 40+ Basketball League^

## Friday

6:00 - 8:30 am Open Recreation  
 8:30 - 10:00 am BVCP  
 10:00 - 10:30 am Family Time Gym\*  
 11:15 - 12:00pm Silver Sneakers® Cardio  
 12:00 - 1:15 pm Open Recreation  
 2:30 - 5:00 pm BVCP  
 5:45 - 7:15 pm Family Roller Skating  
 7:30 - 9:15 pm Open Rec (Middle & High School)

## Saturday

7:00 - 8:00 am Cardio Cross  
 8:00 - 10:00 am Open Recreation  
 10:30 - 11:00 am Mini Basketball Instruction

11:00 - 1:00 pm Men's Open Rec Basketball  
 1:00 - 3:15 pm **Reserved for Gym Parties/Rental**  
 3:15 - 4:30 pm Open Recreation  
 5:00 - 8:00 pm Open Recreation

## Sunday

6:00 - 9:00 am Open Recreation  
 9:15 - 10:30 am New Year Transformation Challenge^  
 11:00 - 2:00 pm Tournament Of Champions (Ages 5-15)^  
 2:30 - 3:30 pm **Reserved for Gym Parties**  
 3:30 - 5:00 pm Open Recreation

**Open Recreational Gym**  
**FREE Members \$8 Non-Members**

**Gymnasium Unavailable**

<b>Dec 9</b>	<b>Santa Claus</b> 8:00am-2:00pm
<b>Dec 25</b>	<b>Christmas Day</b>
<b>Jan 1</b>	<b>New Year's Day</b>
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<b>Early Gym Closings</b>	
<b>Dec 24</b>	<b>Christmas Eve at 1:00pm</b>
<b>Dec 31</b>	<b>New Year's Eve at 1:00pm</b>

\* Denotes Babysitting Available  
 ^ Denotes Pre-Registration Required  
 § Denotes Kidz Club Available

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