

# Total Wellness For Life

MEMBER HAND BOOK



**WHITIN**  
Community Center



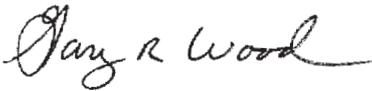
# Welcome

We would like to take this opportunity to welcome you to membership at the Whitin Community Center. The Center is a non-profit community service organization supported by its members, volunteers, Board of Trustees, Corporators, and the greater Blackstone Valley community. Our highly trained and dedicated staff takes great pride in our facility and the wide range of comprehensive programs we offer. Each staff member strives to meet the individual needs and goals of each member.

By becoming a Whitin Community Center member, you have actually joined the George Marston Whitin Memorial Community Association, a Massachusetts non-profit 501(c)(3) organization. The Random House Dictionary of the English Language defines an Association as “an organization of people with a common purpose.” That common purpose for our Association is to promote social, recreational, educational, and charitable pursuits, programs, and activities in the community.

Remember – this is your Community Center. We are pleased that you have decided to join. Please read through this handbook carefully so that you may get the most out of your membership. Please do not hesitate to call upon any Whitin Community Center staff member for additional assistance.

Welcome to the Whitin Community Center Family,

A handwritten signature in black ink that reads "Gary R. Wood". The signature is written in a cursive, flowing style.

Gary R. Wood, Chief Executive Officer

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## THE WHITIN COMMUNITY CENTER TODAY

The Whitin Community Center is the Blackstone Valley's most complete family & recreational center with more than 5,000 members. We house 2 pools, a gymnasium, a fitness center, racquetball court, three tennis courts, aerobics and spinning studios, as well as a child care & after school programs; all sitting on a beautiful 7-acre park. Our Blackstone Valley Children's Place child care center is one of the largest in the Blackstone Valley, serving over 200 families. We offer a pre-Kindergarten program, full day child care for pre-schoolers ages 2.9 - 5 years, and a school age program that provides supervision before and/or after school, and full day childcare on no school days. We also provide full day childcare for preschoolers at the Douglas Early Childhood Center and School Age program at the Douglas Elementary School. During the summer months, Camp Whitin offers a variety of half and full-day camps for children ages 4-14, along with an extended care option.

Our membership has the opportunity to benefit from our fitness room, spinning and aerobic classes, racquetball, outdoor tennis, aqua aerobics, lap swimming, and so much more. Both adults and children play in organized basketball leagues. American Red Cross swim lessons are taught to children starting as young as six months old.

We launched a new Outreach program in 1995, funded entirely by donations, with the goal of bringing together all the children of the community, regardless of neighborhoods, economic status, or whether or not they were Center members. Organized Saturday afternoon activities, open swimming, day trips to museums and baseball games, youth theater, teen dances, and concerts are just some of the many activities. The youth also have the opportunity to enter into a mentorship program, get a boost in a particular field of interest, and participate in a summer theater production. In January 2002 a new facility opened – the Rockdale Youth Center - providing free after school programs and supervision for youngsters ages 8-13.

The Center sponsors many annual community events. Our facilities and park can be rented for small or large group activities at various times during the week depending on the season and our current program schedule. We offer rentals for the Original and Competition Pools, Gymnasium, Multi-Purpose Room, Conference Room, Whitin Park, and Rockdale Youth Center. We are pleased to announce that coming in 2011 all registrations for membership, classes and rentals, as well as payments will be available online.

## HISTORY OF THE WHITIN COMMUNITY CENTER

The historic mill village of Whitinsville and the Whitin Community Center exist today because of the success and generosity of generations of Whitin family members. Beginning in the early 1800's, the Whitins built their fortune milling cotton and manufacturing textile machinery. The Whitinsville Cotton Mill and the Whitin Machine Works grew into industrial giants, and with their growth emerged an entire community.

In 1922, four Whitin daughters, Elsa, Katharine, Lois, and Elizabeth, gave the funds to build a gym and pool for the enjoyment of local citizens in memory of their father, George Marston Whitin. This recreation center, known affectionately in its earliest days simply as "The Gym," was one of the finest facilities in the state. Famous for its swim program, it sent swimmers to the 1932 and 1936 Olympics. Devastated by fire in 1959, the Gym was rebuilt with the support of the community offering more facilities & services than before.

The decade of the 1990's was dedicated to expanding and modernizing the Whitin Community Center to prepare it for the 21st century. In 1993 new space was added to

strengthen the Center's commitment to child-care and adult health and fitness. A new lobby, elevator, racquetball courts completed this expansion phase, and most of the original 1922 building received a comprehensive facelift. In 1995, the Center's three outdoor tennis courts were completely refurbished. Ground was broken in September 1996 for a new state-of-the-art competition sized swimming pool. This new facility opened briefly as an outdoor pool (summer 1998) and then was enclosed for year round use, reopening in March 1999. A comprehensive project to restore the historic appearance of the Main Street facade was undertaken in 1998-99, funded by individuals, local companies, and the Massachusetts Historical Commission. Also in 1999, the Center's parking facilities were expanded to accommodate the increased business. In 2010 the Center's fitness equipment was upgraded and a spinning studio was opened. 2010 also saw the installation of a complete security system.

An ambitious plan to restore and beautify historic Whitin Park (the 7.5 acres behind the Whitin Community Center) was unveiled in early 2000. Work on this project was completed in 2007. If you take a walk in the park you will notice many large and graceful specimen trees that make this property a special place year-round. At the top of the walkway, stands a memorial to the heroes of 9/11. At the far left of the park stands the Gerry Gaudette Pavilion. Mr. Gaudette worked to preserve this landscape during his lifetime and to create a regional identity for the Blackstone Valley. Mr. Gaudette was chairman and member of the WCC Board of Trustees for many years.

## Member Services | Contact Us

Address: 60 Main Street, Whitinsville, MA 01588  
Main Phone #: 508-234-8184 Fax #: 508-234-0625  
Website: [www.whitincommunitycenter.com](http://www.whitincommunitycenter.com)

## Staff

**Chief Executive Officer:** Gary Wood | Ext. 102 | [Gary.Wood@OurGym.org](mailto:Gary.Wood@OurGym.org)

**VP of Business Operations:** Heather Elster | Ext. 112 | [Heather.Elster@OurGym.org](mailto:Heather.Elster@OurGym.org)

**Director of Member Services:** Karen Boyle | Ext. 119 | [Karen.Boyle@OurGym.org](mailto:Karen.Boyle@OurGym.org)

**Health/Fitness Director:** George Hockman | Ext. 115 | [George.Hockman@OurGym.org](mailto:George.Hockman@OurGym.org)

**Aerobics Coordinator:** Carol Cove | Ext 125 | [Tina.Bohoboy@OurGym.org](mailto:Tina.Bohoboy@OurGym.org)

**Aquatics Director:** Deb Moore | Ext. 116 | [Deb.Moore@OurGym.org](mailto:Deb.Moore@OurGym.org)

**Swim Director:** Josh Phillips | Ext. 117 | [Josh.Phillips@OurGym.org](mailto:Josh.Phillips@OurGym.org)

**Athletic Director:** Dave Scichilone | Ext. 103 | [David.Scichilone@OurGym.org](mailto:David.Scichilone@OurGym.org)

**Assistant Athletic Director:** Brett Cerrati | Ext.126 | [Brett.Cerrati@OurGym.org](mailto:Brett.Cerrati@OurGym.org)

**Childcare Director:** Sandra Phillips | Ext. 104 | [Sandra.Phillips@OurGym.org](mailto:Sandra.Phillips@OurGym.org)

**Curriculum Director:** Christine Dumais | Ext. 105 | [Christine.Dumais@OurGym.org](mailto:Christine.Dumais@OurGym.org)

**Director of Outreach:** Monique Boucher | Ext. 121 | [Monique.Boucher@OurGym.org](mailto:Monique.Boucher@OurGym.org)

**Marketing Director:** Martha Wetzel | Ext. 122 | [Martha.Wetzel@OurGym.org](mailto:Martha.Wetzel@OurGym.org)

**Director of Finance:** Alice Benson | Ext. 111 | [Alice.Benson@OurGym.org](mailto:Alice.Benson@OurGym.org)

**Facilities Director:** Don Briggs | Ext. 123 | [Don.Briggs@OurGym.org](mailto:Don.Briggs@OurGym.org)

## Hours of Operation

Spring/Fall/Winter:	Monday-Friday	5:30am – 9:30pm
	Saturday	8:00am – 8:00pm
	Sunday	9:00am – 5:00pm
Summer:	Monday-Friday	5:30am – 9:30pm
	Saturday	6:00am – 2:00pm
	Sunday	6:00am – 2:00pm

*Parts of the WCC facility may close earlier for special events.*

*Please consult the current program and Facility Schedule for exact times.*

## Holidays

**The WCC is closed for the following holidays:**

New Year's Day | Easter Sunday | Memorial Day | Independence Day | Labor Day  
Thanksgiving Day | Christmas Day

**The following holidays have a reduced schedule:**

Christmas Eve (December 24th) – Close at 6:00pm

New Year's Eve (December 31st) – Close at 6:00pm

## Changes in Fees, Schedules, Policies, & Hours of Operation

The WCC will review and revise policies as it deems necessary and under its sole discretion. Programs, schedules, policies, and hours of operation are subject to change without prior notification. Notification will be given in advance of any membership fee increase.

## Membership Benefits

### Youth

- **FREE** After School Activities (for ages 4-13), Roller Skating, Open Recreation Swim
  - **FREE** Outreach Activities (for ages 8-13), KIDZ Club (for ages 4-10)
- Substantial Discounts on Specialty Classes, Swim Lessons, and Basketball Leagues  
Access to Locker Rooms*

### High School

- **FREE** access to our Fitness Center (*Orientation required*), Racquetball
  - **FREE** Open Recreational Swim, Open Recreational Basketball Tennis
- Substantial Discounts on Specialty Classes & Swim Lessons, Access to Locker Rooms*

### Adults

Over 50 **FREE** Aerobic Classes Weekly including Yoga, Pilates, Yoqua, Yogalates, Zumba, and more!

- **FREE** Spinning Classes, access to our Fitness Center, FREE Racquetball/FREE Tennis
  - **FREE** Adult Lap Swim, Open Recreational Basketball
- Substantial Discounts on Specialty Classes and Basketball Leagues  
Access to Personalized Training, Locker Rooms & Dry Sauna*

### Seniors

Over 50 **FREE** Aerobic Classes Weekly

- **FREE** Access to our Fitness Center, Racquetball, Adult Lap Swim
  - **FREE** Floor & Water Aerobic Classes including many classes designed specifically for
- Substantial Discounts on Specialty Classes, Access to Personalized Training,  
Locker Rooms, Dry Sauna*

## Membership Tours

Tours of the WCC facility are available as follows:

Monday – Friday 10:00am – 8:00pm  
Saturday/Sunday 9:00am – 5:00pm

## Member Services at the Front Desk

The Front Desk is the place to find out everything happening at the WCC. Staff can provide you with information regarding programs, classes, camps, registration, facility schedules, Child Care, and Youth Outreach programs.

Comment Cards are also available at the Front Desk at any time. Your feedback will help us better serve you. We encourage you to include your name and phone number so that we may respond to you personally.

## Membership Cards

Whenever you visit the WCC, please be sure to bring your membership card to access the facility and all the benefits it has to offer. Check-in is simple, just swipe your card on the counter at the Front Desk with the blue lettering on the card facing you.

## Membership cards must be carried at all times

If you are participating in an activity on a drop in basis, you will be required to show your membership card or payment receipt to staff upon request. There is a \$5 replacement fee for lost or stolen cards. Members must report lost or stolen cards immediately to the Front Desk.

## Membership Dues

WCC will provide members 30 days written notice of a dues increase. Dues increases are typically on an annual basis and are a result of the increased cost of doing business. Generally dues will not increase within the first 12 months of your membership.

## Membership Renewal

If a member has paid in full for the year, a renewal request will be mailed out 1 month prior to the anniversary date.

If a member pays monthly, the membership is only stopped when a request in writing is provided by the member after the one year contract has been completed.

## Membership Status Change

In accordance with the Membership Agreement, any change to membership must be communicated in writing. Contact the Front Desk in person to complete a Membership Status Change Form to authorize changes including:

- Address, telephone, or email address updates
- Freeze request (see Freeze/Hold section for policy)
- Initial payment authorization or EFT update
- Change in Membership Type involving an upgrade, downgrade, member addition or deletions.
- Cancellation \ Change authorization signature \ Membership Changes Based on Age
- Change in payment type (e.g., use a different credit card or account)

## Membership Status Change (Cont.)

*It can take up to 3 business days for the change to be processed and take effect.*

*Individuals must be 62 years of age or older to be eligible for a senior membership. If you turn 62 while holding an active membership, please request an adjusted rate in writing. Please stop by the Front Desk to complete a Membership Status Change Form.*

## Membership Payment Methods

### Membership to the WCC can be paid by:

- EFT (Electronic Funds Transfer) is an electronic, automatic monthly method of payment. This payment plan pertains to an annual membership and is not offered as a month-to-month membership option.
- A checking account, Visa, MasterCard, American Express, Discover, or Statement Savings Account is accepted for EFT payment.
- EFT drafts will be conducted on the 5th, 15th, or 25th of each month for the upcoming month's membership dues depending upon joining date.

*This payment option provides the convenience of making lower payments rather than having to pay the full amount of membership at one time.*

*EFTs can be canceled at any time by completing a Membership Status Change Form at the Front Desk.*

**Annual Full Payment** – one full payment of the annual membership fee.

**Bi-Annual Payment** – two payments each year for an annual membership, one at your initial sign up and one after 6 months. This option has a one-time administrative fee equal to 5% of total year cost. This is due at time of initial registration.

*A late fee (service charge) of \$12 will be assessed for returned checks for first time and an additional \$5 each per time thereafter. Memberships are non-refundable and non-transferable. Refunds may only be made where there is a documented medical condition or relocation of primary residence more than 20 miles away from the WCC.*

## Membership Cancellation

If a member re-joins 30 days after canceling a membership, they are subject to the joining fee.

### Membership Freeze/Hold

You may request a hold or freeze on your membership for up to 3 months within a 12 month period. Your membership will be charged at 1/3 your normal membership rate during that period. Membership can be frozen only once during a membership year. In the case of dual or family membership, the freeze applies to all members on the account.

- Medical freezes require a doctor's note and no fee is charged. You must provide a doctor's note to reactivate your membership. Contact the Front Desk to complete a
- Membership Status Change Form to request a freeze on your account.
- On hold status requires a 30-day notice unless medical freeze.

## Corporate Memberships

The WCC offers memberships at a discount to corporate or affiliated groups who join as groups. See the Director of Operations if you would like more information about our Corporate Membership program.

## Program Guidelines

While programs are open to the general public, priority will be given to members via early registration offers.

- Programs are limited an appropriate size providing max benefits to each participant.
- To receive member rates your membership must be valid throughout the time period the program is offered.
- Program fees must be paid in full at the time of registration unless specifically stated otherwise.

*The WCC reserves the right to cancel any program due to insufficient registration. If a program is canceled before the start date due to insufficient registration, a credit or refund will be given.*

## Program Registration

You can find the current WCC Program and Facility Schedule brochure at the Front Desk or online at [www.WhitinCommunityCenter.com](http://www.WhitinCommunityCenter.com). In the brochure you will find all the current WCC programs and information. As a member benefit, programs are listed as free, where applicable, or are offered at a lower rate than for non-members. Members can also register for programs a full week before non-members.

## How to Register for Programs

- In Person at the Front Desk. Please bring your VISA, Mastercard, Discover, American Express, cash or personal check.
- By Mail via a completed registration form accompanied by a payment of VISA, Mastercard, Discover, American Express, or personal check.
- If you expect to register for a program on the day of the first class, please arrive a minimum of one half hour early to complete your registration and payment prior to class start. Program registration is on a first come, first served basis. Some classes fill quickly.

## Program Fees

Program fees represent the cost of providing program activities or services not included in membership dues. Program fees must be paid in full at the time of registration in order to guarantee your spot in the program.

If you wish to transfer to another class after registration, you must go to the Front Desk. Unless you have written authorization from instructor stating change is necessary, there will be a \$5.00 transfer fee assessed.

## Make-up Class Policy

Due to the limited student-instructor ratio and full program schedule, there are no make-up lessons/classes for missed classes or classes canceled for any reason. Please refer to the credits/refunds policy below for more information.

## Cancellation of Classes

Classes must have a minimum number of participants in order to run. If a class does not meet its minimum enrollment, the class may be canceled. To ensure a quality experience for all participants, the WCC may also choose to combine classes due to low enrollment. If the WCC cancels a class, a credit or refund will be issued. The following is the policy that the WCC will follow if a class is canceled:

## **Cancellation of Classes (Cont.)**

One week before the class starts, if the class has not met its minimum enrollment, those who are already registered in the class will be contacted and asked if they can help recruit additional class participants (i.e., would your child like to bring a friend). At least 3 business days before the class starts, the WCC will contact everyone enrolled in the class to let them know that the class has been canceled. If your class is canceled by the WCC, you will receive a credit or refund.

## **Waiting List**

Register early to avoid disappointment in case the class is full. If the course you are interested in is full, please request to be put on the waiting list. Additional programs may be offered dependent upon sufficient interest and facility and staff availability. Waiting lists will be taken for the formation of new classes but are not a guarantee of confirmed registration for the program. You will be contacted if space becomes available.

## **Credits/Refunds**

Requests for refunds must be made 5 business days prior to the start of a program. A full refund will then be given minus a \$10.00 processing fee.

There are no refunds or credits due to inclement weather or other incidents outside of the WCC's control. A credit will be issued to those with a documented medical necessity.

Our organization is a non-profit association of members. It is the desire of our organization to offer programs at the lowest possible prices. In order to accomplish this, we have established specific policies concerning refunds. Please read these policies before registering for any Whitin Community Center programs:

## **Memberships**

**Pre-paid membership dues** – membership dues are not refundable except in the following circumstances:

**Documented medical condition** – which permanently prevents member from attending (medical conditions preventing members from attending for short term [1 month – 11 months] are handled by “freezing” membership until member can return).

The member relocates at least 20 miles away from Whitin Community Center.

**Membership dues paid monthly (EFTs)** – the paying of membership dues monthly can be terminated by giving a written notice at least 5 business days prior to next withdrawal date. Joining fees are non-refundable under any circumstances.

**Swim Lessons** – Swim lessons are instructional programs with restricted class sizes. They usually involve two or more American Red Cross instructors. The number of instructors is determined by the size of the pre-registration. These classes are non-refundable unless under the following conditions:

- 100% refund minus processing fee
- The Center is notified of cancellation 5 business days prior to the start of the program.
- Any partial refunds
- A documented medical condition prevents the swimmer from continuing in the class. A pro-rated refund for the remaining unused classes will be given.

The Center is able to replace a swimmer desiring to drop out of the lessons with another person (who will pay a pro-rated fee for the remainder of the lessons, thus making a partial refund possible). This is contingent upon the Center having a waiting list for that particular program, and on the instructor's approval that a new swimmer can join the class at that particular juncture.

**Leagues** – Leagues (Basketball, Volleyball, Tennis, Indoor Soccer, etc.) differ from open recreational periods for the same sports because they restrict enrollment to a specific number and incur additional expenses (scorers, timers, referees, etc.). A league participation fee is charged, based on a fair sharing of the costs of operating the league. Because a player draft usually occurs, it is not possible to replace players who wish to withdraw from the leagues with people on a waiting list. Leagues are non-refundable except under the following condition:

*A documented medical condition prevents the player from continuing in the league. Partial refunds will be given, based on upfront costs incurred and weeks remaining in the league.*

## **Summer Sport Camps and Activity Weeks**

Staff members are hired and necessary food and equipment are purchased based on advanced registration. Refunds are granted only under the following conditions:

- 100% refund minus deposit
- A documented medical condition prevents the child from participating in the sport or activity camp week. The Center is notified prior to the start of the program.
- Cancellation notice is given in 14 or more days in advance.
- 75% refund minus deposit – Cancellation notice is given in 7 to 13 business days in advance.
- 50% refund minus deposit – Cancellation notice is given in less than 7 days before, but no later than the Friday before the start of camp.

## **Tennis Lessons**

Tennis lessons have limited enrollment, so there is also a specific refund policy.

- 100% refund minus processing fee
- A documented medical condition prevents the person from participating in the tennis lessons.
- The Center is notified of cancellation 5 business days prior to the start of the program.
- Any Partial Refunds
- A documented medical condition prevents the person from completing the tennis lessons.

The Center is able to replace a tennis participant who wishes to drop out of the lessons with another person (who will pay a pro-rated) fee for the remainder of the lessons, thus making a refund possible). This is contingent on the Center having a waiting list for that particular program, and on the instructor's approval that a new participant can join the class at that particular juncture.

## **Specialty Classes**

(i.e., kickboxing, dancing, yoga, etc.) Staff members are hired and equipment is purchased based on advanced registration. Refunds are granted only under the following conditions:

## Specialty Classes (Cont.)

- 100% refund minus processing fee
- A documented medical condition which prevents the child or adult from participating in the program, and the Center is notified prior to the start of the program.
- The Center is notified of cancellation 5 business days prior to the start of the program.
- Any Partial Refunds
- A documented medical condition which prevents the child or adult from completing the program.

The Center is able to replace the vacant spot with a person on the waiting list (who will pay a pro-rated fee for the remainder of the class, thus making a partial refund possible). This is contingent on the Center having a waiting list for that particular program, and on the instructor's approval that a new participant can join the class at that particular juncture.

## Guests

- Upon joining, members may inquire about guest passes at the Front Desk.
- Members must accompany a guest.
- A pass allows for re-entry on the same day as the pass is issued only.
- All guests must sign a liability waiver agreement each and every time s/he comes to the WCC.
- Photo identification is required.
- Guests 13-17 years of age have special restrictions on their use.
- All guest passes allow the guest to use all the WCC facilities that a member would normally be able to use as age appropriate and included in membership.

## Youth Visiting the WCC

The WCC is committed to creating the safest possible environment in which children can learn and grow. We therefore respectfully request that while inside the WCC building, parents and caregivers watch their children closely and control unruly behavior. The WCC does not accept responsibility for children in the building unless they are enrolled in WCC programs for which adult accompaniment is not a requirement and staff supervision is. Staff supervision is available only at program locations during class hours.

Youth 11 years and older, who do not require adult supervision, are welcome to visit the WCC. Youth under the age of 11 are required to be supervised by an adult 18 years or older. Visits to the WCC are not intended to service youth for a full day. For a fee, the WCC offers supervised full-day programming as an option for working parents. Recommended length of time for a visit to the WCC for an unsupervised youth is 3 hours, or less. The WCC reserves the right to revoke membership or deny access to any individuals that abuse this privilege.

Young adults ages 14 & 15 must attend a mandatory orientation before use of the Fitness Center. They may use the facility on their own during the hours of 2:00pm – 5:00pm Monday – Friday or any time on the weekend. To use the facility at any other time, they must be accompanied by a parent or guardian.

## **Code of Conduct**

### **Grounds for Suspension or Termination**

The WCC does not tolerate inappropriate, threatening, or harassing behavior including but not limited to:

- Failure to follow proper safety precautions and practices
- Destruction of property \ Theft \ Use of profanity
- Sharing membership card with others
- Providing means of unauthorized access to non-members
- Being in possession or under the influence of alcohol or drugs
- Unauthorized possession of a weapon of any kind on any Whitin Community Center property regardless of whether the person has a concealed weapons permit or is allowed by law to possess a weapon
- Sexual misconduct \ Disorderly conduct \ Physical fights
- Verbal or other forms of harassment
- Selling or promoting products and services without authorization by the WCC CEO
- Failure to pay membership fees
- Any behavior that is determined to be unacceptable by the WCC, and detrimental to those we serve
- Such conduct will be grounds for immediate suspension or termination of membership. No refund will be issued

### **Non-Discrimination Policy**

The WCC is an equal opportunity agency, and does not discriminate based on race, color, creed, religion, national origin, gender, marital status, status with regard to public assistance, membership, or activity in a local commission, disability, age, veteran status, genetic information or other legally protected status. The WCC does not tolerate any type of harassment – physical, verbal, or sexual – of our members, guests, or employees. The WCC reserves the right to deny access to the facility and its programs to those who refuse to abide by these policies.

### **Accessibility**

The WCC is open to persons of all ages with a disability or special need. We will work to accommodate any individual need that reaches beyond our ADA compliance. If you need special assistance in order to attend a program, please contact the program director. You are welcome to bring an aide with you while you are accessing our programs and services if so required.

### **Insurance**

It is the responsibility of every individual, or his/her parents or legal guardian to provide accident and health coverage while participating in all WCC activities. The WCC does not provide any accident or health coverage for its members or guests.

### **Volunteer Opportunities**

The WCC is a volunteer driven organization with hundreds of volunteers providing leadership and stewardship through a variety of committees, boards, ad hoc groups, fundraisers and much more! We are passionate about our mission and are always

## **Volunteer Opportunities (Cont.)**

excited to work with others who share our vision for the community. Your time and talents could help us fulfill our mission. If you would like to volunteer at the WCC, please stop by the Front Desk.

## **Bicycles, Skateboards, and In-line Skates**

Bicycles, skateboards, and/or in-line skates (with the exception of Rollerskating events) are not allowed in the WCC facilities.

## **Solicitations**

Selling of external goods and services is not permitted at the WCC. Individuals may not circulate any petition or subscription list, solicit business, place any advertisement or leaflets, or exhibit any article for sale at any time on WCC grounds including cars in the parking lot and on the corner by our signage. Announcements or posters may not be circulated or placed anywhere in the WCC or on WCC grounds without consent of the WCC.

## **Community Bulletin Board**

If you are a non-profit organization and would like to post an item on the WCC Community Bulletin Board, please present the posting to the Director of Member Services. The item will be reviewed and mounted on the board. The posting will remain for a maximum of three weeks. Postings should not exceed 8.5" x 11" and should include contact information. The WCC reserves the right to remove anything deemed unacceptable.

## **Towel Service**

As a convenience to our members, the WCC has small towels available for rent for the day at the Front Desk. We ask that you return the used towels to the designated hamper by the Front Desk before you leave.

## **Space Rental**

Individuals or non-profit organizations, regardless of membership status, may rent the WCC's facilities.

## **Our meeting and event spaces include:**

Members Lounge | Conference Room | Multi-Purpose Room | Whitin Park Pavilion | Youth Center

*For meeting space rentals, please contact the Director of Member Services.*

*Both of our pools, our gymnasium, and the Rockdale Youth Center are available for private rentals for parties or other get-togethers.*

## **Gymnasium**

Our gymnasium is available for private rental. Price includes a staff member to greet your group and co-ordinate your visit, all sports equipment or roller skates, music, tables & chairs. Refrigeration is available. No other party supplies are furnished. A variety of sports games are available, or your party can choose to roller skate. Please see website for seasonal schedule.

## **Original Pool**

Our Original Pool (60' x 20') is available for Splash Party rentals. The rental fee includes one lifeguard on duty for an hour and 15 minutes of private swim time,

followed by an hour in a party room. This package is for a maximum number of 25 children. There is no additional charge for parents who would like to swim! Please see website for seasonal schedule.

## **Competition Pool**

Our Competition Pool (75' x 40') is available for Splash Party rentals. The rental fee includes one lifeguard on duty for an hour and 15 minutes of private swim time, followed by an hour in a party room. This package is for a maximum number of 35 children. There is no additional charge for parents who would like to swim! Please see website for seasonal schedule.

## **Rockdale Youth Center**

The Rockdale Youth Center is also available for party rentals. Please call 508-234-8184 x128, for more information on availability and pricing.

## **Babysitting Guidelines**

A limited number of children per hour will be accommodated. Pre-registration is strongly advised.

- Children aged one to six are welcome. Must be walking. Please – no infants.
- Please contact the Front Desk for babysitting hours of operation and fees. They are both subject to change.
- A parent/guardian must remain in the WCC facility when their child is in the Babysitting Room.
- Children exhibiting a fever, vomiting, diarrhea, discharge from the eyes or ears, discolored nasal discharge, or a rash cannot be accepted in the Babysitting Room.
- Babysitting staff are not responsible for potty-training or diaper changing. Toddlers who are potty-training must be appropriately dressed with pull-ups or underwear. If a child needs help or a diaper needs to be changed, staff will locate a parent to assist.
- Due to OSHA regulations, parents must take dirty diapers with them. They cannot be disposed of at the WCC.
- Occasionally children in the Babysitting Room will become upset. Staff will try holding, soothing, and entertaining upset children. If they are unable to sooth an upset child after 10 minutes, they will contact the parent to pick up their child.
- Babysitting coupon books may be purchased at the Front Desk.

## **Diaper Changing Areas**

For the convenience of our visitors, the WCC is equipped with diaper changing tables in the ladies' locker room, men's locker room, and family changing rooms. We respectfully require that diapers be changed in the designated areas only, not in public spaces, such as the lobby. Due to OSHA regulations, parents must take dirty diapers with them. They cannot be disposed of at the WCC.

## **Food and Beverages**

Food and beverages are for sale to members from our vending machines and we invite you to enjoy them in the member's lounge or take them with you. With the exception of water bottles, no food or drink is permitted in the gymnasium or fitness areas. Please do not bring any food or drinks onto the pool decks, as they can become hazardous. Please help us by placing your aluminum cans in the recycling receptacle.

## **Parking**

Free parking is available on the WCC grounds. Additional street parking is available on Main Street and Hill Street. Members are permitted to use the WCC parking lot only when they are utilizing the WCC facilities. Owners of illegally parked vehicles will be reminded and then towed at the owner's expense.

Please use our parking lot responsibly: park in designated areas, respect "pick up/drop off" and "handicap" only spaces, do not park in the fire lane, drive slowly, and please watch out for children.

*WCC is not responsible for lost or stolen belongings left in vehicles.*

## **Pets**

There are no pets allowed in WCC facilities except Seeing Eye dogs or other trained, assisting animals.

## **Photographs/Recordings**

The WCC may record and/or photograph performances and classes. Your attendance and/or participation shall be deemed your consent to appear in such programs and/or photographs without compensation. The WCC reserves the right to use all photographs for publicity purposes.

## **Privacy Policy**

The WCC is committed to respecting your privacy and recognizes your need for appropriate protection and management of any personal information you share with us. We will not share your information with any outside organizations, businesses, associations, or individuals.

## **Safety**

The WCC facility and grounds are now under video surveillance to protect our members, guests, and employees.

Our goal is to provide our members and guests with a safe and secure environment. WCC staff is trained to follow emergency procedures. To report an emergency, please contact a WCC staff member or the Front Desk who will notify the proper authorities immediately.

In the event of a fire alarm or other emergency deemed necessary by police or fire personnel, the building must be evacuated. Your cooperation is necessary and appreciated.

Please do not hesitate to ask for safety information if you have any questions concerning your health, use of equipment or facilities issues. Your questions and concerns will be addressed by the appropriate WCC staff members.

Any change in your health status should be reported to the Front Desk to ensure that we provide you with an appropriate medical response.

If you are involved in a critical incident or witness an injury, contact a WCC staff member for immediate medical assistance. The WCC is not responsible for the cost of ambulance services when called on your behalf.

If you are involved in a non-critical incident that results in an injury to you or someone else, or witness an injury, please report it immediately to a WCC staff member.

The WCC reserves the right to check personal belongings at the door and exclude or

remove any person from the premises, or its programs, for any violation of our rules or regulations or for jeopardizing the safety and well-being of others.

If a lightning incident occurs, Aquatic Personnel must clear the pool and deck for 20 minutes from the time the last lightning incident occurs. Blood borne pathogen contamination or fecal contamination will necessitate unexpected pool closings as well.

## **Smoking**

With a commitment to good health, the WCC enforces a no smoking policy on any property owned, leased or controlled by the Whitin Community Center, including anywhere that WCC business is conducted. Anyone wishing to smoke or use other tobacco products must be at least 15 feet from the WCC premises.

## **Lost and Found**

Please contact the Front Desk to return a found item or if you need assistance in locating a lost item. If you have lost an item, please complete a Lost and Found which will assist staff in the event that your item is found. All items are stored in a secure area away from the Front Desk. If an item has been found, staff will call you and hold the item at the Front Desk. Lost and found items will be held for 30 days. If items are not claimed within 30 days, they will be disposed of or donated to charity. The WCC is not responsible for lost or stolen property.

## **Annual Maintenance Program**

The WCC will close portions of the facility periodically for annual preventative maintenance, cleaning, and revitalization. The WCC will post notifications throughout the WCC facility concerning upcoming facility closings.

## **Clothing and Attire**

Clothing should be appropriate to the activity. Comfort is recommended. Shirts and shoes must be worn at all times. Appropriate shirt, athletic shoes, and shorts or pants are required for all fitness areas in the facility. Street clothes, jeans, non-athletic shoes, work boots, open-toed shoes and sandals are not permitted in fitness areas. The WCC is a family place. Inappropriate or offensive dress will not be tolerated.

## **Cell Phone Policy**

The use of cell phones is limited to designated areas with WCC buildings and grounds including the lobby, member's lounge, and outdoors. Cell phone use is strictly prohibited in the Babysitting Room, Health and Fitness Center, gymnasium, locker rooms, aerobics studio, spinning studio, and pool areas.

## **Telephones**

Use of the telephone at the front desk is limited to emergencies only.

## **Messages**

We are unable to take messages for members or page members. In the event of an emergency, we will attempt to locate you so please be sure you always check-in at the Front Desk.

## **Locker Rooms**

The WCC has locker rooms for changing, showering, and storing your items while you work out. Below is our policy for use of available locker/changing room options.

**Women's Locker Room**– Females of all ages and supervised males up to and including the age of 4 years old.

## **Locker Rooms (Cont.)**

**Men's Locker Room** – Males of all ages. Male children under the age of 10 must be supervised by an adult male (18 years or older). We do not allow females of any age in the men's locker room.

**Family Changing Room** – There are family changing rooms next to the Babysitting Room and across from the Aerobics Room. Both are available for all children with parents. The Family Changing Room next to the Aerobics room has bathroom and shower facilities available. *All of the WCC locker rooms are for day use only.*

Please do not leave your belongings in the day lockers overnight as they will be removed by our custodial staff at the end of each day.

We encourage members to bring and use padlocks to secure their belongings during the day. We do not recommend leaving valuables of any kind in the lockers (e.g., money, wallet, jewelry, electronic devices, etc.)

## **Locker Rooms (Cont.)**

The WCC does have lockers to rent on a monthly basis in which members can leave their belongings overnight. We provide padlocks for these lockers. Please go to the Front Desk to reserve a locker.

- Cell phone use is prohibited in the locker rooms.
- The WCC is not responsible for lost or stolen items.  
Some tips to keep your belongings secure:
- Lock your locker! Unlocked lockers are easy for anyone to access. Check locker once locker to be sure it is securely locked!
- Do not bring valuables to the WCC. Only bring what you need to workout.
- Instruct your children to use the lockers to store belongings.
- Check your area and locker thoroughly before you leave.
- Small, necessary valuables (e.g., keys, wallets) may be left at the front desk for safekeeping.
- Do not store valuables in your car!

## **Staff work hard to keep the locker rooms safe and clean.**

### **You can help by:**

- Returning towels to the collection bins.
- Returning seats and benches to their proper location.
- Drying off in the shower area before returning to the locker area.
- Drying wet counter tops after use.
- Depositing personal hygiene items in the appropriate waste bins.
- Cleaning up after yourself before leaving the locker room.
- Keeping all personal items in your locker. Please do not leave items in changing stalls, on sink, or on benches.
- Not bringing in food. Food is not permitted in the locker rooms.
- Not taking pictures. The use of camera cell phones is strictly prohibited.

- Controlling children. Please control children in the locker rooms. Children are asked not to run, eat, roughhouse or make excessive noise in the locker room.
- Removing dirty diapers. Due to OSHA regulations, parents must take dirty diapers with them. They cannot be disposed of at the WCC.
- Notifying the Front Desk if there are cleanliness problems that need attention.

## Sauna

A dry sauna is located in both the men's and women's locker rooms and may be used by adults 18 years of age and older. Sauna use should not exceed 30 minutes.

Excessive exposure in the sauna may be harmful to your health. The Department of Health recommends that anyone suffering from the following conditions should consult with their physician before using the sauna:

Poor Health | High Blood Pressure | Heart or Circulatory Disease

## Athletics

### PROGRAMS INCLUDED IN MEMBERSHIP:

- Open Gym Recreation Time
- After School Activities
- Family Roller Skating
- Racquetball
- Tennis

### SPECIALTY PROGRAMS: (Additional Fee)

- Youth Basketball Leagues
- Youth Travel Basketball League
- Adult Basketball Leagues
- Tennis Lessons
- Camp Whitin: Summer Sports & Activity Camps

## Gymnasium

- No food or drinks allowed in Gym except water.
- No profanity of any kind
- When WCC Child Care/Preschool has scheduled time in the Gym or the Gym is being rented, no one is allowed in during their specified time(s). You must wait outside the Gym until their time is up.
- Keep gym clean, please pick up after yourself.
- When Open Rec gym time is busy, please no half or full court games. Please be courteous to other members and guests.
- No throwing/kicking balls up at the ceiling or windows.
- Please do not play in the Ball Room. It is for storage only.
- Anyone participating in destructive play or activities, will be asked to leave.

## Tennis Courts

There are 3 outdoor lighted tennis courts for member use.

- Courts are located in Whitin Park. Parking is accessible from Hill Street in upper lot.
- Members must bring their membership card and own tennis balls and racquets.

## **Tennis Courts (Cont.)**

- Lights need to be activated by turning the tennis lights on. Please be courteous and shut lights off when done if no one else is waiting to use the court.
- Members may bring up to 3 non-members to play at no charge.
- Non-members not with a member may use the courts for a fee (\$6 per non-member) if no members are waiting for the use of the court. The fee must be paid at the front desk.
- Any non-member use without a member present or non-payment of fee will be asked to leave.
- Specific courts may be reserved for group or private lessons.
- Please be courteous and keep courts clean.
- Any misuse of the courts will not be tolerated.

## **Racquetball Court**

Court is reserved on the hour for one hour blocks of time by contacting the Front Desk

- You can only reserve two blocks at a time no matter how many people play
- Members may reserve a court 24 hours in advance of the requested time. You can register in person or by phone
- Youth ages 11 & under must be supervised by adult/guardian 18yrs or older
- Racquets, balls, and/or goggles are available for use at the front desk
- Any reckless play or inappropriate language will not be permitted

## **Family Roller Skating**

Held on Friday nights from September – May  
see program schedule for more information.

- Grades 6 & under only.
- Must be accompanied by an adult/guardian @ least 18yrs of age. Adults do not have to skate but must be present in the gym
- Skates are provided but member or guest may bring own rollerskates, rollerblades or in-line skates.
- Reckless skating/speed skating will not be tolerated.
- No skates allowed in the Members Lounge or Lobby areas.

## **Basketball Leagues**

- Adult Leagues (Fall, Winter, & Spring)
- Open league: 18 yrs of age & older
- Over 30 league: 30 years of age & older
- Youth (Fall & Winter)
- Ages 7-9 & 10-12
- Youth Travel (Winter) Try-outs are Mid-October
- South Central Mass Youth Basketball League (SCMYBL) ( [www.scmymb.net](http://www.scmymb.net))
- Grades 4th – 8th Boys & Girls

## **Camp Whitin – Fun. Fitness. Friendships.**

Camp Whitin full day camps are coed camps for children aged 7-13 (depending upon camp) where children can play sports or do activities. Full day camps are held from 9:00 am – 3:00 pm, five days a week. There is extended care available for an additional fee. Depending upon the camp and/or weather, children can be in our gymnasium, our activity room, outdoors using our picnic pavilion or just enjoying the open area in Whitin Park at the Whitinsville location. Campers also have the opportunity to swim in our competition pool daily while at camp.

Camp Whitin half-day camps are co-ed camps for children aged 4-6 where children can discover the world around them while giving them a little independence and self-confidence. Our staff has put together a 2.5-hour program from 9:00am – 11:30am that introduces sports, encourages team play and enriches creativity. Depending upon the camp and/or weather, children can be in our gymnasium, our activity room or outdoors using our picnic pavilion or just enjoying the open area in Whitin Park. There is no extended camp care or swim available for half-day camps.

Camp registration begins in late February/early March.

All summer camps are licensed by the Northbridge Board of Health and we abide by all Massachusetts state regulations.

## **Aquatics**

### **PROGRAMS INCLUDED IN MEMBERSHIP:**

Adult Lap Swim

Open Recreational Swimming

Arthritis Foundation Aquatics

Silver Sneakers Silver Splash

Watch for other programs added seasonally

Exercise/Water Walking

Water Workout

All Aqua Aerobics classes

### **SPECIALTY PROGRAMS: (additional fee)**

American Red Cross classes (Swim lessons, Lifeguard Training, Water Safety Instructor, CPR, First Aid, AED Usage, Waterfront guard, CPR for the Professional, Guard Start, Water Safety for home pools, Sports Safety Training, Safety Training for Swim Coaches)

- Boy Scout Merit Badges (Swimming, Lifesaving, First Aid), Girl Scout Badges

- Summer Aquatics Camp “Big Splash”

- Splash Parties

- Masters Swim Program

- Magnus Swim Team

- The Whitin Community Center pools are inspected by the local Health Department to ensure we provide the highest level of safety to our members.

- The Whitin Community Center’s original pool and competition pool are in full compliance with the Virginia Graeme Baker Pool and Spa Safety Act.

- For your health and safety, all aquatic activities are supervised by trained lifeguards.

- Lifeguards are trained to prevent injuries in the water and on the pool decks. They are available to provide aid as needed.

- Lifeguards are on duty to enforce the rules and keep everyone safe.

## Specialty Programs: (Cont.)

- Lifeguards have full authority over the pool and its activities and have the authority to stop any activity that is deemed unsafe.
- The lifeguard must approve pool toys before entering the water.
- Flotation devices are allowed during open recreation swim time. Swim aids (kickboards, noodles, bubbles) may be available for your use. This is at the discretion of the lifeguard. Children with flotation devices should stay in the shallow end of the pool with adult supervision.

### **Whistle** signals:

- 1 short blast to get the swimmers attention
- 2 short blasts to get the attention of staff member
- 3 short blasts emergency
- 1 long blast clear the pool
- The water temperature is:
  - 86-88 degrees in the Original Pool
  - 80-83 degrees in the Competition Pool
- Children who are under 5 years of age or who cannot swim must be accompanied by an adult in the water.
- Children who are under 8 years of age must be directly supervised by an adult from the pool deck at all times while in the pool.
- Parents and guardians are responsible for supervising their children.
- Swim Diapers designed for pool use must be worn by anyone not toilet trained. Please check your child often and do not change diapers on the pool deck. There are changing tables provided for you in the locker rooms and family changing rooms. Due to OSHA regulations, parents must take dirty diapers with them. They cannot be disposed of at the WCC.
- Massachusetts State law requires showers before entering either pool. Soap must be used.
- Long hair must be tied back or in a cap in the Original Pool. Long hair must be tied back in the Competition pool.
- Persons with cuts, open sores, rashes, skin eruptions or known communicable diseases (e.g., pink eye) are not allowed in the pool
- Remove all band-aids before entering the pool
- No running on the pool deck
- No pushing, dunking, 'chicken fights', flips, back dives, handstands, or horseplay.
- Abusive or profane language will not be permitted
- No diving, unless in the specified area.
- No hanging on lane lines.
- The starting blocks are to be used only during organized swim instruction and

competitive swimming programs.

- No food, beverages, or gum permitted in the pool area.
- No glass is allowed in the pool area.
- Flip-flops or water shoes are recommended for use on the pool deck, not street shoes/sneakers.
- Proper swim attire is required (no cutoffs). Eye goggles may be worn in the pool.
- Parents & siblings are invited to observe swim lessons from the balcony, not the pool deck. Please remember to keep children quiet with no running around in the balcony.
- Lap swim is for continual lap swim only.
- For lap swimmers, 36 laps in the competition pool equals 1 mile.
- If there are two people you may swim on opposite sides of the lane. Three or more you must circle swim with the lane line against your right shoulder.
- Always let other lap swimmers in your lane know when you are entering the water.
- Lap swimmers must recognize designated lanes for fast, medium, and slower swimmers for the convenience of all. Always let a faster swimmer pass.
- Do not stand at the ends of the pool for extended periods of time.

If a lightning incident occurs, Aquatic Personnel must clear the pool for 20 minutes from the time the last lightning incident occurs. Blood borne pathogen contamination or fecal contamination will necessitate unexpected pool closings as well.

## **Aerobics**

### **PROGRAMS INCLUDED IN MEMBERSHIP:**

Floor Aerobic Classes      Aqua Aerobic Classes  
Silver Sneakers®      Spin®

### **SPECIALTY PROGRAMS: (additional fee)**

Music and Movement	Ballet & Tap Dancing
Yo Chi	Kids Kickboxing
Ballroom Dancing	Tai Chi
Intro to Yoga	Pilates
Boot Camp	

*Bring water for your workout. Wear comfortable clothes. Wear comfortable, supportive shoes. All class members are encouraged to work at their own pace, to modify any movements that are too difficult or cause pain.*

## **Group Exercise**

Remember it usually takes about 6 weeks to learn the basic aerobic steps. If you are new to Step Aerobics, try the Monday evening 7:00 class.

- Arrive on time. It is the instructor's discretion to not allow members entrance if they arrive 10-15 minutes late for class.

## Group Exercise (Cont.)

- Wear appropriate athletic clothing and shoes while exercising. For Yoga and Pilates classes no shoes are allowed.
- Gym bags and personal belongings are not allowed in the exercise room. Please use the lockers in the locker room to secure your belongings.
- Youth members under the age of 16 may attend group exercise classes when accompanied by an adult and with the approval of the instructor.
- If you arrive late for class, take the time to warm-up and stretch before you begin your workout.
- If you leave class early, be sure to cool down and stretch.
- Use weights only when the instructor specifies their use during “resistance or strength” sections of the class. To avoid injury, ankle and wrist weights are NOT allowed during a class.
- No food, gum or drink is allowed with the exception of water/sports drinks in plastic containers.

## Spin®

You control the resistance on your bike to make the pedaling as easy or difficult as you choose. Constant adjustment is normal.

All you'll need is workout clothes, a hand towel, and a water bottle.

Spin® bikes have toe clips so you can wear regular sneakers. But also have the clip – in as well, that works with Shimano-style SPD cleats. Members may reserve a bike 24 hours in advance of the scheduled class time. You can register in person or by phone. Non-Members who have paid \$50 per month for access to unlimited Spinning classes may reserve a bike 24 hours in advance of the scheduled class time. You can register in person or by phone.

Non-Members who have not paid for access to unlimited Spinning classes may walk in at class time to see if a bike is available and pay the walk in fee.

Members may only register for themselves and one family WCC member living in the same household and cannot “give your bike away” to anyone else besides a family WCC member living in the same household. We have people on waiting lists so it is only fair to offer them the opportunity first if you or a family member cannot attend the class.

You must call in to cancel if you are unable to attend. We follow a “three strikes you are out” policy. If you do not call to cancel, after the third time you will be unable to reserve a bike ahead of time for a period of one month.

## Fitness

New member orientation is offered by appointment as part of your membership. Contact the Health & Fitness Director to schedule your orientation. Workout guidelines are available from the Fitness Staff.

Our Fitness Center features a variety of cardiovascular and strength equipment.

### CARDIOVASCULAR MACHINES

- 8 Startrac E-TRXe Treadmills
- 2 Startrac E-UBe Upright Bikes
- 2 Startrac E-RBe Recumbent Bikes

### STRENGTH EQUIPMENT

- 14 Life Fitness Pro Series machines
- Smith machine
- Cable Crossover

- 3 Startrac Total Body Trainers (ellipticals)
- 1 Life Fitness 95 series stepper
- 2 Concept2 model D rowers Benches
- 1 Sci Fit upper body exerciser
- Free weights
- Squat Rack
- Startrac seated Leg Press w/lock & load technology

*Must be over the age of 14 to use the Fitness Center.*

*Members 14-16 years of age must complete an orientation and have a parent sign a Participant Agreement. Unless accompanied by a parent, use is limited to weekends and weekdays from 2 P.M.-5 P.M.*

*Bring your membership card to gain access.*

*Shirt and athletic shoes must be worn. Street clothes are not permitted (i.e. jeans, boots, open-toed shoes, sandals)*

- Wipe down equipment using disinfectant after use
- Limit use of cardiovascular equipment to 30 minutes
- Allow other members to “work-in” on strength machines
- Return equipment to its designated place when done
- No food. Water in spill-proof containers is permitted
- No bags. Lock up all personal belongings in the locker room
- No cell phones or cameras
- Offensive language, horseplay, or inappropriate/disrespectful behavior is not consistent with the mission of the WCC and will not be tolerated

## **Outreach**

The Whitin Community Center initiated the Youth Outreach Program in 1996 in an effort to open the door to all children, independent of fee or membership, to enjoy the benefits of a weekly recreational program on Saturdays. That program has been expanded in the years since to include a Summer Youth Theater Program and an after school Youth Center in the Rockdale section of Northbridge, MA. In July 2007, the Northbridge Mentoring Partnership was absorbed into our Youth Outreach Program when it was in danger of becoming extinct as funding was cut from the public school system that provided the social workers to lead this program. The goals of the Youth Outreach Program are to encourage children, ages 5-17, from all socio-economic backgrounds to play together, to develop friendships, to build self-worth, to develop a sense of fair play, team spirit and cooperation in a safe and supervised environment.

All Youth Outreach programs are supported entirely through donations. In addition to monetary donations, we welcome volunteers to aid us in supporting local youth. Please contact the Whitin Community Center Outreach Director, Monique Boucher at (508) 234-8184 x121 for further details.

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**WHITIN**  
Community Center

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